

Kevin Kapusi Starow

1. What is your favourite fruit?

- Fresh Lychee, Soursop, Apples, Mangosteen, Grapes

2. Favourite colour, and why?

- I don't have one I like so many!! (scratches head)

3. How much water do you drink in a day?

- About 2lt though this does vary, sometimes I forget.

4. What is your favourite Vegetable & why?

- Potato, corn, and peas, not sure why I can sit down to bowls of each for dinner, love them.
- Jerusalem Artichokes, mushrooms (porcini, chanterelles), because they are crazy yummy.

5. What exercise, activity do you like?

- Judo, Kendo, cycling (mountain), running, walking

6. Can you swim?

- Yes, like a fish

7. How do you dance?

- Smoooooth!!



About

I created Bubble Muffin™ out of an idea to make a change, to eliminate childhood obesity. Combining my strength areas of theatrics, healthy living with my love of cooking and gastronomy. And then there was Bubble Muffin™

I had been working in several Hotels in Australia and Asia over a 20 year period, prior to finding another avenue for my culinary journey. I have always been passionate about culinary arts, in particular Ice Sculpting, which I still practice today. I love food and want to share that passion with others, food is such an emotive medium, which should be shared with all.

My theatrical career includes performing on stage, and screen for over 20 years. I have appeared in numerous productions from the dramatic to the comic, including two seasons with the Melbourne Opera Company, singing.